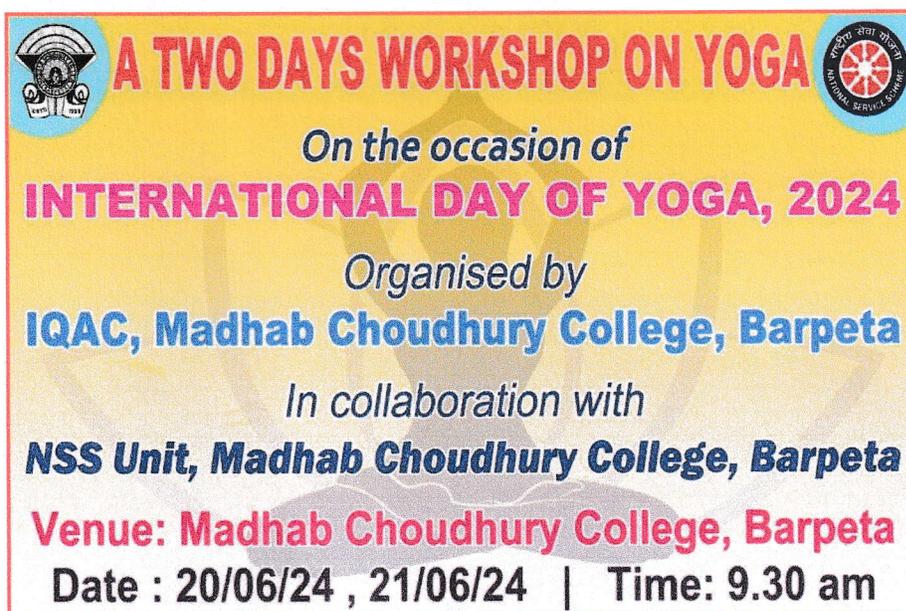


**Report**  
**On**  
**“A Two Days Workshop on Yoga”**  
**On the occasion of International Day of Yoga 2024**

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A Two Days Workshop on Yoga has been organized on the occasion of International Day of Yoga on 20<sup>th</sup> and 21<sup>st</sup> June 2024 at Madhab Choudhury College, Barpeta. The workshop was organized by IQAC, Madhab Choudhury College, Barpeta in collaboration with NSS Unit, Madhab Choudhury College, Barpeta. During both the days the resource person of the workshop was Mrs. Nibedita Bora which is a well-known Yoga Instructor (Contact: +91 88110 92983). The convener of the program was Dr. Tapashi Das, Assistant Professor, Department of Physics, Madhab Choudhury College, Barpeta.

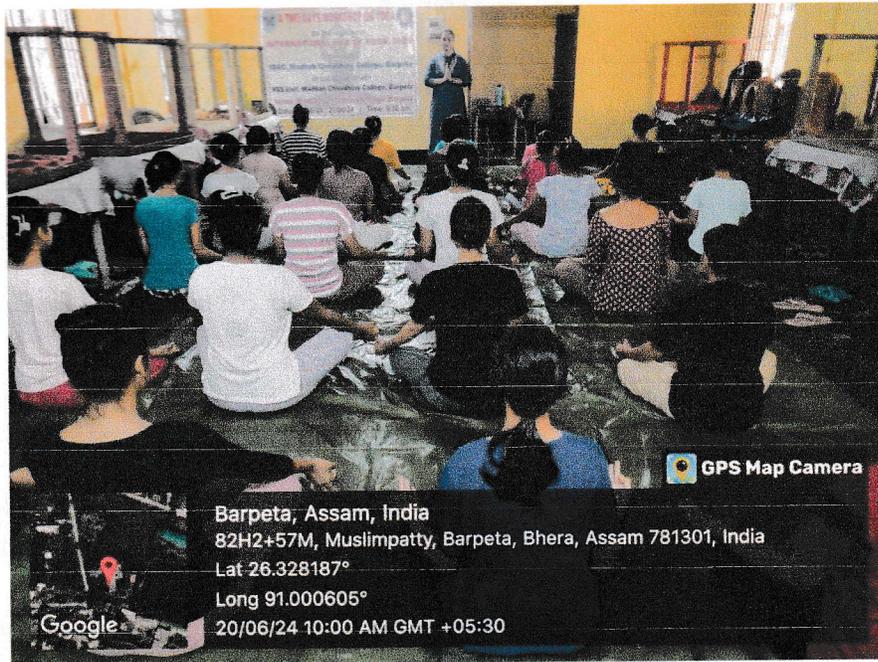
During day-1, 32 students participated and on day-2, 23 students participated on the workshop.



**A TWO DAYS WORKSHOP ON YOGA**  
*On the occasion of*  
**INTERNATIONAL DAY OF YOGA, 2024**  
*Organised by*  
**IQAC, Madhab Choudhury College, Barpeta**  
*In collaboration with*  
**NSS Unit, Madhab Choudhury College, Barpeta**  
**Venue: Madhab Choudhury College, Barpeta**  
**Date : 20/06/24 , 21/06/24 | Time: 9.30 am**

21/06/2024  
Programme Officer  
National Service Scheme (NSS)  
M. C. College Unit

1<sup>st</sup> Day (20/06/2024):



21/06/2024

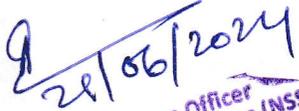
Programme Officer  
National Service Scheme (NSS)  
M. C. College Unit

Signatures:

1. Rahima Khanam B.S.C 2nd Sem
2. Tamisiri Babak B.A 5<sup>th</sup> Sem
3. Sweety Kammarz B.Sc 5<sup>th</sup> Sem
4. Puya Namo Das PG 4th Sem
5. Jahida Siv dar ~~2nd~~ B.Sc 3rd sem.
6. Mallika Akand B.Sc 2nd sem
7. Samina Yasmin B.Sc 2nd sem.
8. Kajuli parben B.Sc 3rd sem
9. semim sultana B.Sc 3rd sem.
10. Jilima Kholun B.Sc 3rd Sem
11. Karabi Patrak H.S 3rd year
12. Madhurmita Kaushik B.A 2nd Sem
13. Diyashree Das B.A 3rd sem
14. Neha Moni Kalita B.A 3rd Sem
15. Riya Patgiri B.A 5th sem
16. Uzama Zahara B.A 5th sem
17. Rimona Das B.A 5th sem
18. Riya Patgiri B.A 5th sem
19. Riya Patgiri B.A 5th sem
20. Riya Patgiri B.A 5th sem
21. Riya Patgiri B.A 5th sem
22. Riya Patgiri B.A 5th sem
23. Riya Patgiri B.A 5th sem
24. Riya Patgiri B.A 5th sem
25. Riya Patgiri B.A 5th sem

21/06/2024  
Programme Officer  
National Service Scheme (NSS)  
M. C. College Unit

- |                        |                          |
|------------------------|--------------------------|
| 23. Jerifa Walid       | PG 3rd Sem.              |
| 24. Motiram Aktare     | Pgt 3rd Sem.             |
| 25) Babari Kakadi      | BA 4th sem.              |
| 26) Chandasmita Wasthi | B.A 2nd Sem              |
| 27) Karismita Das.     | H.S 2nd year             |
| 28) Ankita Das.        | H.S 2nd year             |
| 29) Pahi Das           | H.S 2nd year             |
| 30) Kshaty Dulal       | M.Sc 4th sem.            |
| 31) Jeevina Aktare     | B.Sc 4th sem             |
| 32) Vidhina Das        | BA 4th sem               |
| 33. Nibedita Gogoi     | Faculty                  |
| 34. Utpala Devi        |                          |
| 35. Ishanijyoti Sarma. |                          |
| 36. Tapashi Das.       | (convener, faculty)      |
| 37. Nibedita Borah     | (Yoga teacher) (20/6/24) |

  
 28/06/2024  
 Programme Officer  
 National Service Scheme (NSS)  
 M. C. College Unit

2<sup>nd</sup> Day (21/06/2024):



21/06/2024

Programme Officer  
National Service Scheme (NSS)  
M. C. College Unit

Signatures:

- 1) Babari kakati (BA 4th sem)
- 2) Jesmina Aktar (B.Sc 4th sem)
- 3) Ankita Das H.S 2nd year
- 4) Karismita Das H.S 2nd year
- 5) Pahi Das H.S 2nd year
- 6) Chandasmata Nath B.A 2nd Sem
- 7) Razima Khatun B.Sc 4th Sem
- 8) Samira Khatun B.Sc 2nd sem
- 9) Resima Aktar B.Sc 4th Sem
- 10) Rimeswari Khanom B.A 4th sem
- 11) Jorjia Wahid PG 3rd Sem
- 12) Munira Aktar PG 3rd Sem
- 13) P. P. P. P. PG 4th Sem
- 14) P. P. P. P. B.A 3rd sem
- 15) P. P. P. P. B.A 3rd sem
- 16) P. P. P. P. B.A 3rd sem
- 17) P. P. P. P. B.A 3rd sem
- 18) Madhumita Kaulik B.A 3rd Sem

22/06/2024

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- 19) Jadhida Sirdar B.Sc 2nd sem
- 20) Malika Akand B.Sc 3rd sem
- 21) Samina Yasmin B.Sc 3rd sem
- 22) Jilema Khatun B.Sc 3rd sem
- 23) Videma Das B.A 4th sem
24. Tapashi Das (Faculty, Convener)
25. Nibedita Borah (Yoga teacher) (21.6.24)

Tapashi Das

Signature

Convener

21/06/2024

Programme Officer  
National Service Scheme (NSS)  
M. C. College Unit